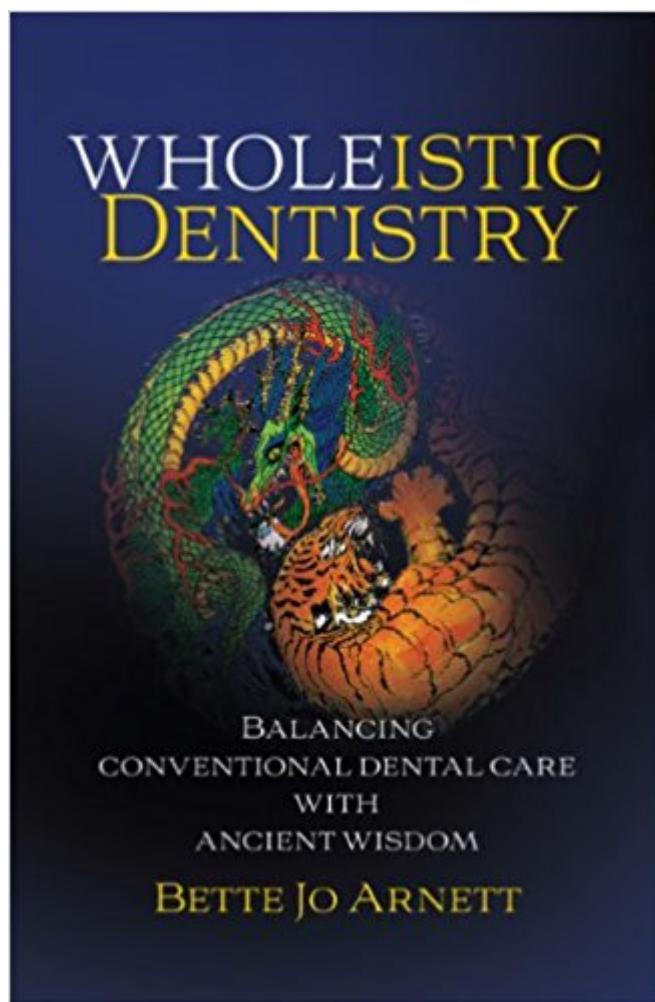


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# Wholeistic Dentistry - Balancing Conventional Dental Care With Ancient Wisdom



## **Synopsis**

Wholeistic Dentistry is a close-up look at integrating the best of conventional dentistry and holistic dentistry in the United States. Based on her experience as a dental hygienist in a holistic office, Bette Jo Arnett relates how holistic practitioners view the mouth as a reflection of the inner health of the patient and treat underlying causes rather than solely treating symptoms. This book discusses ways for patients to encourage conventional dentists to integrate holistic concepts into their practices. It is a useful reference for any person seeking more balance in their dental care.

## **Book Information**

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## **Customer Reviews**

"Wholeistic Dentistry gives consumers the information they need to ask their dentist for holistic dental care. Bette Jo Arnett helps us to understand how dental work in the mouth can affect the whole body and our health in general. This book has the potential to change dental practices everywhere and thus contribute to better health for countless individuals."--Jerri Johnson BSN, CCH Homeopath, Public Relations "In 2004, years of suffering from chronic headaches came to an end when I fell and knocked out my front teeth and the bridge attached to them that locked the bones of my palate. Because my holistic dentist, Ron King, was aware of the relationship between anterior bridges and headaches, I made the choice to have implants rather than another bridge to replace my lost teeth. I have been headache free since then!" ----Duane Tow, patient of holistic dentistry

Bette Jo Arnett graduated from the Northwestern School of Homeopathy in 1998. She is a registered dental hygienist in the State of Minnesota and worked with holistic dentist Dr. Ron King

for seventeen years. A former educator of dental hygiene, Arnett has a master of liberal studies degree from the University of Minnesota. She graduated from the Hilton Johnson School of Health Coaching; she also received a certificate in integrative therapies and healing practices from the Center for Spirituality and Healing at the University of Minnesota. Bette Jo has training in Reiki level II and Pranic healing level I. She has practiced Ishaya meditation since 2006. Bette Jo has a homeopathic and health coaching practice in Edina, Minnesota.

Very little helpful advise for the patient. A lot of politics and trying to get the patients to change dentists and organized dentistry. Good explanation of Chinese and Ayurvedic medicine. A lot of opinion and not much documentation.

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